



# Waxing

## AfterCare Instructions

Keep the waxed area clean. Wear comfortable, loose fitting clothes.

For the next 24-48 hours avoid the following:

**No** sexual activity (if waxed in this area)

**No** hot baths or showers (cool-lukewarm only)

**No** swimming, hot tubs, or steam treatments

**No** tanning (sunbathing or fake tans)

**No** sports, gym work or exercise

**No** exfoliating products (including shaving)

**No** deodorants, body sprays, powders, lotion, or other products should be used on the waxed area, other than those recommended by your esthetician

Starting 2 days after your appointment, exfoliate 2-3 times a week and moisturize every day.

Exfoliate 2 days before your next scheduled appointment. Reschedule every 4-6 weeks.