



The Spa Lounge

Chemical Peel and NanoFusion After Care

Immediately Post Peel

- After receiving your peel do not use any skincare products that have not been approved by your licensed aesthetician or physician. Your treatment was finished with Image products that are safe to be left on your skin for the evening. You may start your Post Treatment kit the next morning as recommended by your practitioner.

Post Peel Guidelines – It is crucial to the health of your skin and the success of your peel that these guidelines be followed for the next 5-7 days

1. Do not do anything that will cause your body to become heated or to perspire. This may lead to inflammation and/or breakout (Exercise, sauna, hot tubs, etc.)
2. Always use warm water on your face and do not scrub. Avoid chlorine.
3. You may or may not experience some visual flaking or shedding of the skin approximately 2-4 days post peel. The amount of visual flaking is not indicative of your end results. If heavier shedding is present, do not under any circumstances, pick or manually peel the skin.
4. You must take precautions to avoid sun exposure in order to protect your skin as well as to get the full benefit of the peel. Peels increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Exposure to UV rays can cause hyper-pigmentation, freckling and sun damage. We recommended that you stay indoors as much as possible and use prevention+ ultimate protection moisturizer SPF 50 daily.
5. Do not use any glycolic, retinol, or Retinol-A for 5-7 days or until your skin is back to normal. This is the reason we recommend you purchase the post treatment kit which provides the proper home care post peel. You can resume your regular at home Image regimen after the 5-7 days. This time may vary depending on the peel performed and each individual's healing process.
6. For men, do not shave for at least 48 hours after peel

To avoid injury to the skin, for the next 10 days following the peel, please do not:

- Peel, pick, scrape or abrade the skin
- Have an electrolysis or laser treatment
- Use tanning beds or sunbathe
- Perform certain hair services using chemicals
- Facial wax, thread or use depilatory products
- Receive aesthetic injections
- Have another treatment until your aesthetician advises you to do so

Slight redness or swelling might occur immediately after the peel. This usually goes away within 24 hours. Some clients experience temporary skin discoloration. You may have an area of scabbing or crushing in cases of severe sensitivity, this is very rare. If it is bothersome you may apply aquafor (found at your local drugstore) to the affected area. Call your aesthetician immediately if any of these conditions do not resolve within 24 hours